Where to Get Help

General Assistance
311 (non-emergency police assistance)
211 (referrals to local resources for counseling, financial assistance, health services, and more)

Crisis Text Line 24/7
741741

Child Abuse
1-800-4-A-CHILD (1-800-422-4453)

Online Child Exploitation
800-843-5678

Disaster Recovery
800-985-5990 | Text TalkWithUs to 66746 (for natural and manmade disasters)

Domestic Violence Hotline
800−799−7233 (TTY 800-787-3224)

Elder Abuse
855-500-3537

Human Trafficking
888-373-7888 | Text HELP to BeFree (233733)

Identity Theft
877-438-4338 | Visit identitytheft.gov

LGBTQ National Helpline
888-843-4564

Sexual Assault
800-656-HOPE (4673)

Substance Abuse
800-662-HELP (4357) (TTY 800-662-4889)

Suicide
800-273-8255 (in Spanish 888-628-9454)

Empathy when it matters most.
LEARN MORE AT BLACKBIRD-DC.COM

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